

**B R A BIHAR UNIVERSITY, MUZAFFARPUR**  
**DIRECTORATE OF DISTANCE EDUCATION**  
**SHORT TERM COURSE: MODEL QUESTIONS(PHYSIOTHERAPY-1<sup>ST</sup> SEM.)**  
**EXERCISE & ELECTROTHERAPY**

- Q. 1. What do you mean by movement? Define its classification.
- Q. 2. What is posture? Define in detail.
- Q. 3. What do you mean by starting position? Describe in detail.
- Q. 4. Discuss the phase of gait.
- Q. 5. What are manual muscles testing? Define in detail.
- Q. 6. What is free exercise?
- Q. 7. Write down brief description of Range of motion.
- Q. 8. What are difference between good posture and bad posture?
- Q. 9. What are difference between exercise therapy and electrotherapy?
- Q. 10. Discuss and explain history of physiotherapy.
- Q. 11. Discuss about the types of disorder of central nervous system.
- Q. 12. Write about the post natal screening.
- Q. 13. Discuss and explain about the objectives of the services.
- Q. 14. Write about the Person with Disability Act(PWD Act) 1995.
- Q. 15. Write short notes on any two:
- a.) Health Care Services                      b.) Radiologist                      c.) Diet consultant.